

舞蹈教学目标

无论你是第一次接触舞蹈，还是希望进一步提升自己的舞蹈能力，这门课程都将帮助你循序渐进地成长！课程将基础训练与 K-pop、Jazz 成品舞相结合，在学习完整舞蹈作品的同时，培养节奏感、身体协调性、控制力和音乐表现力。

除了学习动作本身，我们还会了解动作背后的技巧和发力方式，帮助大家建立扎实的舞蹈基础，跳得更自然、更有表现力、更有自信！希望课程结束后，大家不仅能够完成完整的舞蹈作品，更能掌握持续学习舞蹈的能力，在享受音乐和舞蹈的过程中，找到属于自己的舞台！

Dance Class Objective

Whether you're stepping into the dance studio for the first time or looking to build on your existing skills, this class is designed to help you grow with confidence. We'll combine foundational training with fun K-pop and Jazz choreography, focusing on rhythm, coordination, body control, and musicality while learning exciting dance routines.

Instead of just memorizing choreography, you'll learn the techniques behind the movements, helping you dance with stronger fundamentals, better performance quality, and more confidence. By the end of the course, you'll not only be able to perform complete routines but also develop the skills to continue exploring dance on your own. Most importantly, you'll have fun, express yourself, and enjoy every step of the journey!



